



FSS News

Volume II, Issue VIII I

August 27, 2006

2006 FSS Coordinator Conference

The 2006 FSS Coordinator Conference was held August 16 –18 at Cumberland Falls State Resort Park. FSS Program staff from Indiana, Tennessee and Kentucky were in attendance. Workshop topics included: Safe Haven, Funding Sources, Service Providers, Motivation Screening, Motivating Clients, Escrow Funds, Action Plan, Logic Model/Annual Reporting, Community Services, Transitional Assistance, Homeownership and Credit Report. Staff shared ideas to help each other maintain a successful Family Self-Sufficiency Program. We thank everyone for taking the time to come and share your ideas and look forward to seeing you next year.

Keep up the good work in Tennessee, Indiana and Kentucky!!!

Community Events

| | |
|------------------------|---|
| September 1-2 | World Fest on the Belvedere 11am to 11 pm |
| September 4 | Mayor's Healthy Hometown Hike & Bike 10 am at Waterfront Park |
| September 8-9 | Strictly Bluegrass Festival Iroquois Park & Amphitheatre Friday 5pm to 10pm; Saturday 12pm to 10pm |
| September 16 | Americana World Festival Iroquois Manor Shopping Center 11 am to 9 pm |
| September 22-23 | Fairdale Community Fair Fairdale Elementary School Friday 5 pm—11pm, Saturday 2 pm—11 pm |

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Financial Skills Class Schedule

CHILDCARE WILL NO LONGER BE PROVIDED AT ANY OF THE LOCATIONS

| <u>Course #</u> | <u>Course</u> | <u>Tuesday</u> <u>6-8 @ Wiggins)</u> | <u>Wednesday</u> <u>(12-2 @ PCC)</u> | <u>Saturday</u> <u>(10-12 @ Wiggins)</u> |
|-----------------|--------------------------------------|---|---|---|
| ELOP #3 | Introduction to Banking | 9/19/06 | 9/20/06 | 9/23/06 |
| ELOP #1 | Financial Goal Setting | 10/3/06 | 10/4/06 | 10/7/06 |
| ELOP #2 | Budgeting & Record Keeping | 10/17/06 | 10/18/06 | 10/21/06 |
| ELOP #3 | Introduction to Banking | 11/7/06 | 11/8/06 | 11/11/06 |
| ELOP #4 | Understanding Credit & Managing Debt | 11/21/06 | 11/22/06 | 11/18/06*** |
| ELOP #5 | Saving & Investing for the Future | 12/5/06 | 12/6/06 | 12/9/06 |
| ELOP #6 | Insurance & Auto Purchase | 12/19/06 | 12/20/06 | 12/16/06*** |

****LATE ARRIVALS WILL NOT BE ADMITTED****

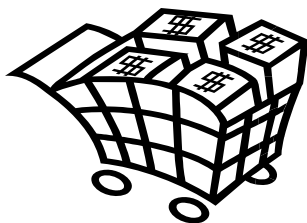
****You MUST sign in to get credit for your attendance****

"Shop Smart" Workshop

Tuesday, Oct. 10 at 6-7 p.m.

801 Vine St. (Section 8 Office)

Adults only—Call 569-6942 to register.
Snacks provided.



Home Ownership Basics

Monday, October 2nd

at Urban Govt. Center

810 Barret Avenue #115

5:30 to 7:30 pm

Louisville Central Community Workshops

1300 West Muhammad Ali Blvd

Budget & Credit

Thursday, September 14th at 5:30—7:30 pm

Tuesday, September 26th at 1-3 pm

Predatory Lending Workshop

Wednesday, September 13th at 11am—1pm

Tuesday, September 19th at 6 pm—8 pm

Post Purchase

Monday, September 25th at 5:30 pm-7:30 pm

Yes You Can Own A Home

Saturday, September 23rd at 9 am—2 pm

Participants' Achievements

Tina Abdullah won a scholarship from the Business & Professional Women in the amount of \$500.00. Tina worked hard to obtain this scholarship and plans to attend Jefferson Tech for her LPN certification. Congratulations!

(Beatrice Richie)

Hurray for FSS Graduates!

Graduate

Monick Stoudemire

S. Taylor

Case Manager

Vicky Bomar

Damita Hannah



Lorinda B. is celebrating the birth of another precious grandchild, Timothy, born on 7/4/06. Best wishes to mother and child.

(Kathy Phillips)

Tiffany Holloway's sons are doing great. **Justan** is an 8th grader at Thomas Jefferson Middle School; younger brother **Jaivaughn** is a fourth grade Honors student at Indian Trail Elementary. Both young men are very respectful and a true credit to their mom.

(Geri Livers)

Laketa Matlock finished requirements in August for her bachelor's degree in psychology from the University of Louisville. She's been employed at Maryhurst, where she recently was promoted to shift supervisor, since November, 2004. Good going, Laketa!

(Sandy Schardein)

Congratulations to **Devonda Thomas** on her employment at Value City. She is the mother of **Brandi, Sade'**, and **Shelby**. Brandi and Sade' made the A-B honor roll last semester. Shelby improved her grades and attended camp this summer. Best wishes for a successful school year!

(Kathy Phillips)



Ms. **Kendra Poole** is back to work and loving it!!

(Damita Hannah)

Ms. **Theresa McElroy** has decided to conquer her fears rather than letting them limit her.

(Damita Hannah)

Ms. **Beverly Hodge** is a recent new employee of UPS training to become a picker driver.

(Damita Hannah)

Ms **Monick Stoudemire** graduated from the FSS Program in July, but if she were to speak at her "commencement" she would say it is really only just another beginning for her. She has had many beginnings that all led to her success of self-sufficiency and towards future home ownership.

Ms Stoudemire was working full-time when first enrolled in the FSS program, but almost immediately was laid off from work. She drew unemployment for a time but that would not help her to meet her goals she was working towards for herself and her family. As an involved parent in her children's education, she started tutoring at her children's school which led to her applying and being accepted as a Teacher's Aide in the Jeff Co. Public Schools. While working there, she also attended classes at U of L in Early Childhood Education. When she heard of positions opening at the KY Cabinet for Families and Children, she applied and was hired at Family Support Specialist I; in just over a year, she was promoted to Specialist II and received the Employee of the Month Certificate! Congratulations to you and your family for all your hard work and determination for all you have accomplished and will accomplish.

(Vicky Bomar)

Participants' Achievements

Congratulations to **Stephanie Williams**, who won a \$1,500.00 scholarship from the KY Board of Nursing to apply towards her Associate Degree in Nursing, which she is earning at Galen College. She is part of the LPN/RN Bridge program. She has already earned her LPN Degree and expects to graduate with her RN in January of 2007. Her long term goal is to complete her Bachelor's Degree, then a Master's and then to teach! Well done, Ms Williams. Somewhere in between, she also plans to purchase a home for herself and her family! What do you say that she will?! I give my early congratulations for the present and the future successes you will see. You are a wonderful role model for your three children!

(Vicky Bomar)

Ms. **Bessie Reed** is back on the road again. !!

(Damita Hannah)

Ms. **LaSonya Thornton** is also nearing the end of her Medical Coding Training but nowhere near the end of her career pursuit. You know what they say "the apple doesn't fall far from the tree". This would be apparent with her daughter, **Tamesha**, who is a recent elementary graduate with honors, also received a personalized letter from the President. Keep up the good work Tamesha!!

(Damita Hannah)

Ms. **Deborah Board** has completed one year of certification for CDA training. She is going on to receive her 5 year certification. She has also recently become an ordained minister. Congratulations, Rev. Board.

(Damita Hannah)

Congratulations to July FSS graduate **Bonnie Varney** on becoming a homeowner in August. Her dream became reality, thanks to steady work and good money management. We wish Bonnie and her family many enjoyable years in their new home.

(Sandy Schardein)



Ms. **Karen Craft** is nearing the end of her Medical Coding Training. Her daughter, **Chavay**, has started her junior year with nothing but tough classes ahead... We know you can do it Chavay! **Jacori**, her son, contributes his new attitude of responsible independence.

(Damita Hannah)

Ms. **Darlene Smith** is a proud recipient of a LMHA scholarship.

(Damita Hannah)

Danielle, daughter of Ms. **Stacie Oates**, would be a good candidate for our US Women's Soccer Team. I can see her mother now in the stands then as she is now, present at every game.

(Damita Hannah)

Ms. **Jacqueline Smithers** is an over 10 year veteran at Louisville Metro Free Public Library. If she ever had any questions about her son, **Gerald** and his ability to maintain the household, she doesn't anymore. Those questions were answered plus many more when fate gave him the opportunity to prove his manhood, nothing was left undone. He made sure his younger siblings were dressed and ready for school that they ate and went to bed at their usual bed time. So parents sometimes the only way to measure one's abilities is through opportunity.

(Damita Hannah)

William Thompson, son of Ms. **Tawana Bibb** is a stand out basketball athlete that has coaches competing for his talents.

(Damita Hannah)

Participants' Achievements

D'Earldra Haskins, daughter of Ms. **Denise Washington**, is a senior this year and is already narrowing down her choices for college. However, considering she has been an honor's student for so long, I'm sure she'll have her pick. She is also a recent graduate of the Youth IDA program. I see that eye for opportunity runs in the family!! We're all very proud of D'Earldra.

(Damita Hannah)

Can you imagine one of the biggest dilemmas of your life being needing to choose whether you wanted to accept a scholarship to teach or be employed with the Social Security Administration? Such is the situation for Ms. **Leah Starks**, MPA. Well you know what they say "it's less traffic the higher you go". For this to be a pressing decision, it is very apparent to me that Ms. Starks has made a lot of right decisions in her day.

(Damita Hannah)

Ms. **Angela Mainor**, mother of five, initially did not see how she could accomplish her goals, work full-time and still care for her family. In speaking with her years later she now can't see how she can afford not to. It has truly been my pleasure teaming up with Ms. Mainor, watching and witnessing her blossom into the highly respected young woman she is today. And she adds that "she might have graduated from the program but she has not graduated from life and that she still has, and will continue to have, goals that she will accomplish".

(Damita Hannah)

HEALTH & WELLNESS SCHEDULE

Diabetes Self-Management Series

The Kling Center——219 West Ormsby Avenue

Wednesdays, 1:00 pm—3:30 pm

September 13 — Diabetes Types, High and Low Blood Sugar, Sick Days

September 20 - Diet and Exercise

September 27 - Diabetes Pills, Insulin, Preventing Complications (Part 1)

October 4 - Preventing Complications (Part 2), Foot & Skin Care, Glucose Monitoring & Standards of Care



Park DuValle Community Health Center ——3015 Wilson Avenue

Mondays, 1:00 pm—3:30 pm

October 9 - Diabetes Types, High and Low Blood Sugar, Sick Days

October 16 - Diet and Exercise

October 23 - Diabetes Pills, Insulin, Preventing Complications (Part 1)

October 30 - Preventing Complications (Part 2), Foot & Skin Care, Glucose Monitoring & Standards of Care

Partners in Promoting

Louisville Metro Human Services
Operation Self-Help/Family Self-Sufficiency
810 Barret Avenue 3rd Floor
Louisville, KY 40204
Fax: (502) 574-6171

Louisville Metro Housing Authority
Special Programs / FSS
801 Vine Street 3rd Floor
Louisville, KY 40204
Fax: (502) 587-1994



MARK YOUR CALENDAR



Showcase of Schools

At Kentucky International Convention Center

October 27-28

College & Career Expo

At Kentucky International Convention Center

October 15th

FSS News is published monthly for and about participants in the Family Self-Sufficiency Program.

If you wish to contribute information about yourself, your children or community resources, contact your case manager or Legina Stoner at 574-1965. The deadline for the next issue is Thursday September 14, 2006.

To Apply For the FSS Program

If you live in public housing or scattered site, call Dan Farrell at 569-6902.

If you have Section 8 rental assistance, call Amber Giacalone at 569-6933.

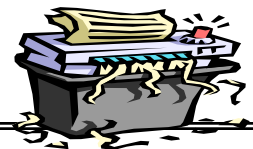
PROTECT YOUR IDENTITY

Community Shredding Event

At the Louisville Zoo

September 9th

10 am to 2 pm



Keep Your Cool at Work--Ask Questions Before Responding

Tip of the Quarter from *Communications Briefings*, June 2006 issue

Highly Recommended! -- Beatrice Richie, Case Manager

Are you over-reacting to a co-worker's statement—or did the person really mean to attack? Find out without putting the other person on the defensive by asking questions rather than by making statements. Here are some examples:

- “Did you intend that as a personal attack?” – Your co-worker will either back down or back up the comment with more detail.
- “What was your reason for telling me that?” – You’ll learn if the person is merely gossiping or trying to inflame a situation.
- “Do you have a suggestion for a better way to handle that?” – When a co-worker is being critical without being constructive, focus on solutions rather than shortcomings.
- “Your tone sounds angry. Am I reading you correctly?” – Don’t offer a heated response that will needlessly escalate the situation. Give your co-worker a chance to rephrase the comment in a more constructive way.